

Sayers Senior Center

December 2023

Mon	Tue	Wed	Thu	Fri
				1 Chicken Pot Pie Roasted Potatoes Beets Milk
4 Beef Burrito with Enchilada Sauce Spanish Rice Lettuce/Tomato/Onion Beans Milk	5 Pulled Pork Bun Coleslaw Baked Beans Milk	6 Biscuit/Gravy Eggs Sausage Pancakes Milk	7 Oven Fried Chicken Mashed Potato/Gravy Green Beans Biscuit Milk	8 Chili Hotdogs Crackers Baked Potato Fruit Milk
11 Polish Sausage Bun Kraut Mashed Potato/Gravy Milk	12 Pot Roast Roll Potatoes/Carrots/Onion Fruit Milk	13 Fish Pinto Beans Corn Fruit Milk	14 Baked Ham Potato/Gravy Corn Casserole Rolls Apple Crisp Milk	15 Roasted Turkey Potato/Gravy Green Beans Roll Fruit Milk
18 Mushroom Swiss Burger/ Bun Sweet Potato Wedges Coleslaw Milk	19 Chicken Fried Chicken Mashed Potato/Gravy Roll California Blend Milk	20 Biscuit/Gravy Eggs Hashbrown Sausage Milk	21 Ham and Beans Cornbread Oven Fried Potatoes Spinach Milk	22 Center Closed
25 CLOSED	26 Fish/ Bun Stewed Tomatoes Mixed Vegetables Milk	27 Spaghetti Green Beans Tossed Salad Garlic Sticks Milk	28 Taco Salad Refried Beans Lettuce/Tomato Corn Fruit Milk	29 Fried Chicken Green Beans Mashed Potato/Gravy Roll