

# Dixon Senior Center Monthly Menu

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January 2024

| Mon  | Tue  | Wed  | Thu  | Fri   |
|--|--|--|--|---|
| 1<br><b>CLOSED</b>   | 2<br>Ham<br>Cornbread<br>Black Eyed Peas<br>Cabbage                              | 3<br>Lasagna w/ Gr Beef<br>French Bread<br>Garden Lettuce Salad<br>Broccoli                                | 4<br>Pork chops<br>Roll<br>Scalloped Potato<br>Stewed Tomatoes<br>Fruit        | 5<br>Scrambled Eggs<br>Pancakes<br>Fruit<br>Hash Browns                                 |
| 8<br>Meatloaf<br>Roll<br>Mashed Potato/Gravy<br>Green Beans<br>Tossed Lettuce Salad          | 9<br>Pork Roast<br>Roll<br>Mashed Potato/ Gravy<br>Corn<br>Garden Lettuce Salad  | 10<br>Beef Stew<br>Cornbread<br>Potatoes<br>Carrots<br>Slaw  | 11<br>Beans w/ Ham<br>Corn Bread<br>Spinach<br>Oven Fried Potatoes             | 12<br>Hamburger w/ Bun<br>French Fries<br>Baked Beans<br>Lettuce/Tomato/Onion<br>Cheese |
| 15<br>Ham<br>Bread<br>Sweet Potatoes<br>Peas & Carrots<br>Fruit                              | 16<br>Chicken & Dumplings<br>Broccoli<br>Fruit                                   | 17<br>Taco Salad w/ Gr Beef<br>Tortilla Shell/ Chips<br>Lettuce/ Tomato/<br>Onion<br>Refried Beans<br>Corn | 18<br>Fried Fish<br>Cornbread<br>Cole Slaw<br>Pinto Beans<br>Fruit             | 19<br>Spaghetti w/ Gr Beef<br>French Bread<br>Garden Salad<br>Broccoli                  |
| 22<br>Hamburger Steak<br>Bread<br>Mashed Potato/Gravy<br>Green Beans<br>Garden Lettuce Salad | 23<br>Ribs<br>Roll<br>Potato Salad<br>Baked Beans<br>Fruit                       | 24<br>Beef Roast<br>Biscuit<br>Mashed Potato/Gravy<br>Green Beans<br>Garden Salad                          | 25<br>Oven Fried Chicken<br>Roll<br>Scalloped Potatoes<br>Corn<br>Garden Salad | 26<br>Pizza w/ Cheese,<br>Sausage, Pepperoni<br>Garden Salad<br>Fruit                   |
| 29<br>Chicken Pot Pie<br>Corn<br>Beets   | 30<br>Chili w/ Beans & Beef<br>Bread<br>Baked Potato<br>Shredded Cheese<br>Onion | 31<br>Lasagna w/ Gr Beef<br>French Bread<br>Garden Lettuce Salad<br>Broccoli                               |  |   |