

Waynesville St Robert Senior Center Monthly Menu

January 2024

573 774 2668

Mon	Tue	Wed	Thu	Fri
1 CLOSED	2 Black Eyed Peas & Baked Ham Corn Bread Fried Potatoes & Onion Spinach	3 Lavon's Lasagna w/Beef Breadsticks Garden Salad Pears	4 Pulled Pork w/ Bun Mac & Cheese Coleslaw Applesauce Lettuce/Tomato Onion/Pickle	5 Sweet & Sour Chicken Rice/ Egg Roll Oriental Blend Pears
8 Polish Sausage Bun Scalloped Potatoes Sauerkraut	9 Herb Baked Chicken w/ gravy Rice Peas & Carrots Peaches	10 Meatloaf Mashed Potatoes Gravy Green Beans Bread	11 Baked Ham Sweet Potato Casserole Mixed Veg Dinner Roll	12 Hamburger w/ Bun Chips Tator Tots Baked Beans Lettuce/Tomato/Onion
15 Parm Crusted Fish Bun Coleslaw Lettuce Cheese Mixed Fruit	16 Chili & Macaroni Cucumber & Tomato Salad w/ Vinegar Diced Onion Broccoli Shredded Cheese Bread	17 Oven Fried Chicken Mashed Potatoes Gravy Peas & Carrots Biscuits	18 Pork Choppettes Baked Potato Zucchini & Tomatoes Bread	19 Liver & Onions or Salisbury Steak Green Beans Mashed Potato Gravy Bread
22 Taco Salad w/ Ground Chicken Corn Chips Mexican Corn Salsa/Onion/Tomato Lettuce/ Cheese	23 Smothered Pork Chop Bread Brussel Sprouts Roasted Potatoes Fried Apples	24 Chicken Liver or Chicken Patty Bread or Bun Augratin Potatoes Garden Salad Ambrosia Salad Onion/Let/Tom	25 Ham & Beans Cornbread Spinach Fried Potatoes & Onions	26 Sausage/Egg & Cheese Scramble Tortilla Shells Diced Potatoes Peppers & onions Salsa Fruit Juice
29 Baked Chicken Bread Cucumber & Tomato Salad Scalloped Potatoes Fruit	30 Pot Roast Dinner Roll Carrots Garden Salad Mashed Potatoes/ Gravy	31 Pulled Pork w/Bun Mac & Cheese Lettuce/Tomato/Onion Pickle Coleslaw Applesauce		

**** MENU SUBJECT TO CHANGE****

All meals served with 1% Milk and Dessert